Updated Hygiene and Safety Protocols
for Study Participants During the Ongoing Covid-19 Pandemic

Dear Study Participant:

We are delighted to welcome you back to our Institute after such a long period of limited contact.

Of course, it is still of great concern to us to protect the health of all participants as well as the staff of the Institute and other guests in the best possible way. For this reason, we have established comprehensive hygiene protocols, indicated below, which are intended to ensure the highest possible level of safety during your visit. For your protection and ours, we ask that you read this information sheet carefully and register for a study only if you feel adequately protected by these protocols and are prepared to comply with the safety and hygiene measures.

If you have any questions, please contact us:

by e-mail: studien@ae.mpg.de
by phone: +49 (0)69 8300 479 619 (Monday–Friday, 9:00–17:00)

General Regulations

We ask you to refrain from visiting our Institute if any of the following conditions apply:

- you feel generally ill or your immune system is weakened due to a previous illness or for any other reason you can be considered at risk;
- you are experiencing symptoms of a cold or flu or are exhibiting any symptoms that could indicate a possible infection by the new coronavirus (SARS-CoV-2). These symptoms include: fever, cough, runny nose, sore throat, shortness of breath or other respiratory problems, severe headaches, and loss of the sense of smell or taste;
  or a member of your household is experiencing any of these symptoms;
- you have had contact in the past 14 days with any person who has tested positive for coronavirus infection;
- you have spent time in the last 14 days in any area designated a virus-variant area by the Robert Koch Institute;
- you are currently subject to an official quarantine or are required to isolate at home.

During your visit, we ask that you observe the following general hygiene and safety measures:

- Wear a FFP2 mask and make sure that it covers both your nose and mouth. Masks can be taken off during the study in consultation with the researcher.
- Even if you are wearing a FFP2 mask, social distancing is still important. Please always maintain a distance to other people of at least 1.5 meters. This applies in the corridors and lavatories as well.
- Wash your hands regularly with soap for at least 20 seconds or use the hand sanitizer stations located throughout the Institute.
- Observe proper sneezing and coughing etiquette.
- Avoid touching your mouth, nose, or eyes with your hands.
- Reduce loud talking to a minimum. (When you speak loudly you emit many times more droplets than you do when speaking at low volume; droplets, which may be contaminated with coronavirus, remain in aerosolized form in the air for several minutes).

Institute employees have been instructed to ensure that the above measures are observed by all visitors. Please follow their instructions accordingly.

For Studies in Which Physiological Data (e.g., EEG) Are Collected, Please Also Note the Following Protocol:

- The Institute employee preparing you for your study must at all times wear a face mask covering both nose and mouth, a smock and gloves in order to protect your safety.
- If you are coming for an EEG measurement, we ask that you brush your hair at home beforehand. This will improve contact between your scalp and the electrodes used for the EEG.
- Especially during this preparation, Institute employees will limit their verbal communication exclusively to answering your questions.
- If possible, please measure your head circumference at home as well. If you have already participated in EEG measurements at the Institute, this step will not be necessary. You will receive more detailed information about such steps in advance of your visit.

We thank you for your continued interest and support and, despite these changed
circumstances, we are very much looking forward to your visit and participation in our research studies!

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