Thanks to the Max Planck Society and the support of the MPIEA, I got the opportunity to participate in the 4th "Sign Up! Career building for female post docs" workshop. The program is organized by the MPG and the EAF Berlin. It immediately attracted me, as its scope is unusually intense. It extends over about a year and builds on the exchange and networking within the Sign UP group. The aim of the program is to promote women post-doctoral researchers in their career development and prepare them for leadership roles in the scientific community. It does so by providing a very well balanced program, including more theoretical sessions, e.g. about fundraising, or the legal situation for scientists in Germany, as well as hands-on session, such as the communication and leadership training. A crucial aspect of the program is the experience exchange between scientists. Smaller “success teams” meet frequently and consult each other about how to manage the next career step. Furthermore, we had the chance to discuss and listen to the experience of distinguished female scientists, who were invited to our meetings. I highly benefited from the experience exchange across different career levels, and besides that very much enjoyed the program!